



# SEPTEMBER 2017

## Elementary Breakfast and Lunch Menu

Hofstetter

Due to our constant pursuit of excellence We will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<b>Labor Day</b> <b>No School</b>  	Chicken Nuggets Bread Stick  Steamed Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Assorted Low Sugar Cereal English Muffin, Yogurt Fresh Fruit Selection	Crispy Chicken & Ranch Wrap Tater Bites  Steamed Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Chicken Noodle Soup Grilled Cheese Sandwich  Steamed Peas & Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Ultimate Breakfast Bar w/yogurt Fresh Fruit Selection Assorted Low Sugar Cereal	Pepperoni Pizza  Cooked Green Beans Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Egg & Cheese Quesadilla Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
B.B.Q Chicken Sandwich  Steamed Corn Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast French Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Orange Chicken w/rice  Steamed Peas & Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Blueberry Bagel w/cr.cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Max Sticks w/ dip  Green Beans Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Scrambled Eggs & Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	Hot Dog  California Vegetables Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Cinnamon Roll w/Link Fresh Fruit Selection Assorted Low Sugar Cereal	Cheese Pizza  Steamed Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Sausage & Cheese Bagel Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Hamburger Oven Fries  Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal	Tuna Salad Sandwich Baked Chips Steamed Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Breakfast Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	Nachos  Mexi Corn Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Whole Grain French Toast Fresh Fruit Selection Assorted Low Sugar Cereal	Beef Teriyaki Dippers w/rice  Steamed Peas & Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Banana Bread w/yogurt Fresh Fruit Selection Assorted Low Sugar Cereal	Ham & Cheese Pizza  California Vegetables Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Ham & Cheese Strata Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Chicken Spring Roll  Steamed Peas & Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Golden Waffles Fresh Fruit Selection Assorted Low Sugar Cereal	Spaghetti w/Meat Sauce  Steamed Mixed Vegetables Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Egg & Cheese Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Corn Dog  Green Beans Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Biscuit & Gravy Fresh Fruit Selection Assorted Low Sugar Cereal	Deli Sandwich  Steamed Carrots Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Cinnamon Roll w/Link Fresh Fruit Selection Assorted Low Sugar Cereal	Chicken Fajita Pizza  Steamed Corn Fresh Fruit & Vegetable Bar Variety of Low Fat Milk Breakfast Pancake Pups Fresh Fruit Selection Assorted Low Sugar Cereal
<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>
				
			<b>MILK</b> .50 cents If bought alone	<b>Meal Prices</b> <b>Paid: \$2.75</b> <b>Reduced: \$0.40</b> <b>Adult: \$4.00</b> <b>Paid Breakfast: \$1.50</b> <b>Reduced Breakfast: \$ N/C</b> <b>Adult Breakfast: \$2.75</b>
<b>Food Service Director: Ethel Buckley :: Phone: (509) 684-7824 :: Email: ebuckley@colstd.org</b>				

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